



Hamilton Community Health Forum 5 March 2019

Interim Chair: Evelyn Weir

Attendees - Evelyn Weir, Faye Te Whare, Martin Gallagher, Regan Webb, Jill Dibble, Greg Morton, Gytha Lancaster, Rachel Poaneki, Norma Taute, Nikki Belfield, Odette Paul, Elaine Fernandes, Stuart Bayes, Christine Martin, Harriet Dixon, John Macintosh, Catherine Cook, Kerry Riley, Pat Norri, Nancy Hickford, Vicky Singh, Annette Stott, Liz Hagan, Tracey Larsen, Jan Hart, Jan Kettle, Kuirangi Paki, Paul Burroughs, John McIntosh

Apologies - Hayley McConnell, Derek Wright, Grant O'Brien

1. Action Points

a.	Provide contact details to individual for Autism NZ
Complete.	

2. Introductions

- Evelyn Weir kindly agreed to chair today's meeting. Greg Morton was introduced to the community as the new facilitator of these forums going forward. Greg is the Senior Planning and Engagement Manager with Strategy and Funding at Waikato DHB. Claudia Reid is the new Planning Advisor and will also join the CHF rounds along with Norma Taute the Community Engagement Coordinator. A round of introductions followed from those present.

3. What matters to this community?

- More support is needed for building resilience for youth in Cambridge. Addictions issues under funded with only one FTE. Also more support for family members of those with long term conditions.
- A request was made for a forum to be held in Cambridge as another alternative to Hamilton to reach out to members in the Waipa community.
- People aged 65+ are experiencing social isolation which then leads to further issues - a reminder to the community from the Age Concern representative that they are there for support.
- Some feel GPs don't always have the time to deal with everything that comes through front door as often appointments are not long enough or there is no continual care. Members were reminded that what worked before is not working now and that we all need to think differently about accessing health care such as considering online alternatives i.e. indici app or manage my health portal.
- Reminder that Diabetes NZ has a new website www.diabetes.org.nz

4. Primary Care Update

Hauraki PHO - Gytha Lancaster

- National Advanced Care planning day is on 5th April this year and will be added to the Manage My Health Portal.

Manage My Health patient portal

- Numbers continue to increase. The portal is available to people 16 years and over and you must complete a form at your General Practice. The portal allows you to access your medical records, view lab results, immunisation records, allergies, prescriptions and share information with other healthcare providers etc.

Breast & Cervical Screening

- Supporting Tui Medical to provide evening clinics once a month to improve access for working women. Also working with practice partners to support women experiencing difficulty accessing screening services.

Māori Wahine

- Breast and cervical screening support services in conjunction with their practice partners have achieved a 2% increase in Māori coverage from the December 2018 data.

Measles Outbreak

- In January this year there were 11 reported cases of measles in the Waikato region. Measles are highly infectious if you are not immune. The vaccine is free to children and adults. Symptoms are fever, runny nose, sore red eyes and cough. After 3-5 days a rash appears on face or head and continues down your body. If suspected call your GP or Healthline on 0800 611 116 for more advice.

Influenza

- The annual influenza immunization drive will start on 1 April 2019. Free for over 65's, under 65's with various health conditions and pregnant women. Also free for children under 5 with a history of hospital admissions from respiratory disease.

Pinnacle Midlands Health Network - Nikki Belfield

- Expecting more pressure on already full practices therefore people are encouraged to look at accessing health in different ways.
- Partnered with ACC to provide a high tech imaging program for MRI scans. Currently GPs need to refer to a specialist however 100 GPs have been trained so far which means they are able to order MRI scans directly.
- Shingles vaccine free for 65-80 year olds currently however this service will only be funded until March 2020. Encourage people in this age group to take advantage.
- Online service indici portal is like Manage My Health and allows you to access your medical records, check up on lab results etc. Ask your practice to sign you up for patient portal. Mostly used by over 65 year olds and practices can show people how to use it on their devices.
- GP phone triage allows patients to request same day appt. North care Pukete Rd, Tokoroa, Te Aroha, Hauraki Plains, Coromandel are already trying a different way of practicing. Barrier to rolling it out further is funding however all primary care practices are on the pathway to getting there.
- Those with a Community Services Card have reduced fees for primary care when visiting their own GP. They will pay no more than \$18.50 including their dependants. 14-17 year olds pay no more than \$12.50 and 13 yrs and under are free.

5. Waikato DHB Update - Greg Morton

- The DHB is signalling a new strategic direction through the health system plan.
- As an organisation our vision is about Healthy people. Excellent care.

- Excellent care is about treating the people and this is our current focus.
- The plan is also about putting people at the centre to provide a holistic approach placing more focus on healthy people and communities.
- It's about knowing what areas the community wants to focus on in a locality and who we partner with to achieve this.
- We went out to the communities to find out their thoughts about the plan and some high level goals came out of this
 - i) Partner with Māori in the planning and delivery of health services
 - ii) Empower whānau to achieve wellbeing
 - iii) Support community aspirations and address determinants of health
 - iv) Improve access to services empowering communities to stay well
 - v) Enhance capacity and capability of primary and community healthcare
 - vi) Strengthen intermediate care
- Early April we will be back out in the community to ask communities if we've captured what was said and if not where are the gaps.

6. "Let's Talk" – Mental Health Community Engagement Update – Greg Morton

- Organised 30 community meetings in conjunction with Māori service providers.
- Overwhelming turnout of 1031 people attended.
- 44% identified as Māori.
- We also ran 20 staff meetings and 5 focus groups.
- 249 electronic surveys were completed through survey monkey.
- Objective of the Hui were to invite whānau to share their experiences with mental health.
- Listened to many emotional stories, and heard from multigenerational mental health service users and the challenges they faced in accessing support.
- Used a kaupapa Māori framework to complete analysis. The framework reflects the values of the Waikato DHB and the values of the different teams, consumers and Iwi Māori.
- Seven key themes emerged.
 - i) Strengthening and providing support to whānau as they usually end up being the primary carers.
 - ii) To support and educate communities on resilience.
 - iii) Provide help and education around stopping suicides.
 - iv) Wellness focus rather than an illness focus.
 - v) Review of crisis responsiveness.
 - vi) Mana motuhake – providing a holistic approach.
 - vii) Mahia te mahi – workforce.

7. Community Forum Feedback – Greg Morton

- Strengths and opportunities for improvement – members were asked for their thoughts on how we can strengthen these forums and grow our membership. Based on your experience do you find these meetings valuable?
- We heard that these forums are valuable to the epilepsy community in regards to the shuttle and also provides a direct communication line to the DHB.



- If you have any further thoughts please email us.

8. Chair Vacancy

- Members were also reminded that the role of chair is vacant and if you wish to nominate someone please email us on the address below.

communityhealthforum@waikatodhb.health.nz

Meeting Closed at 11.30

Date and Time of next meeting:

Tuesday 2 July at 09:30am

The Link

Te Aroha St

HAMILTON



Attendees & Roles

1.	Evelyn Weir	Chair for today – Represents Age Concern
2.	Greg Morton	Meeting Facilitator – WDHB Senior Planning & Engagement Manager
3.	Claudia Reid	WDHB Planning Advisor
4.	Regan Webb	WDHB Director Health Intelligence, Planning and Performance
5.	Norma Taute	WDHB Community Engagement Coordinator
6.	Martin Gallagher	WDHB Board Member
7.	Kerry Willie	Amputee Society
8.	Nancy Nicklo?	Diabetes NZ (Waikato rep)
9.	Staumi Bayes	Stroke Foundation
10.	Pat Norri	Community Member
11.	Vicky Singh	Community Member
12.	Harriet Dixon	Cambridge Community House
13.	Odette Paul	WDHB
14.	Elaine Fernandes	WDHB
15.	Annette Stott	ENZ
16.	Catherine Cook	PressGo
17.	Liz Hogan	MS Waikato Trust
18.	Tracey Larsen	MS Waikato Trust
19.	Christine Larsen	MS Waikato Trust
20.	Christine Martin	Nationwide Health and Disability Service
21.	Fay Te Whare	Community Member
22.	Jill Dibble	WDHB Director Community Services
23.	Jan Hart	WDHB Community
24.	Jan Kettle	WDHB Community
25.	Gytha Lancaster	Hauraki PHO
26.	Dave Macpherson	WDHB Board Member
27.	Kuiarangi Paki	Consumer Council
28.	Nikki Belfield	Pinnacle PHO
29.	Paul Burroughs	Stroke Foundation
30.	John McIntosh	Life Unlimited