

Your child's health pathway

Congratulations on your pregnancy. The health of both you and your child is important and you are entitled to a number of free* child health services from pregnancy until your child is five years old, to ensure your child grows and develops to their full potential. Follow this pathway to ensure your child gets the best start in life!



ANTENATAL - 3rd Trimester Onwards

- Attend antenatal classes
- Write a birth plan
- Get immunised against whooping cough and influenza
- Look at useful apps
- www.breastfednz.co.nz
- WCTO App itunes.apple.com/nz/app/well-child-app/
- Choose a Well Child Tamariki Ora provider (see over leaf)

BIRTH TO 72 HOURS

- Midwife newborn clinical assessment
- BCG/Hep B vaccination (if required)
- Vitamin K injection/oral
- Hip check
- Heel prick test
- Newborn hearing screening
- Complete GP and Well Child Tamariki Ora enrolment form
- Automatic enrolment in Community Oral Health Services, National Immunisation Register (NIR) and National Child Health Information Platform (NCHIP).
- Download BreastFedNZ app + WCTD App
- www.breastfednz.co.nz

UP TO 1 WEEK

- Midwife clinical assessment
- Second Vitamin K dose (if oral)

2 - 6 WEEKS

- Midwife clinical assessment
- Referral to Well Child Tamariki Ora
- Book six-week GP and immunisation
- Date
- Book five week Well Child Tamariki Ora visit.
- Date
- 3rd Vitamin K dose (if oral and breastfeeding)
- Discharge from midwife



3 MONTHS

- Well Child Tamariki Ora visit
- 2nd Immunisations (GP)

8 - 10 WEEKS

- Well Child Tamariki Ora visit

6 WEEKS

- 6 week check (GP)
- 1st Immunisations (GP)

4 - 5 WEEKS

- Well Child Tamariki Ora visit

5 - 7 MONTHS

- Well Child Tamariki Ora visit
- Third Immunisations (GP)
- Teeth care - brush, drink water and milk only

2 - 3 YEARS

- Well Child Tamariki Ora visit
- Oral health check (Community Oral Health Services)



15 - 18 MONTHS

- Well Child Tamariki Ora visit
- Fourth immunisation (GP)

3 - 4 YEARS

- Early Childhood Education (ECE) enrolment
- Oral health check (Community Dental Service)

9 - 12 MONTHS

- Well Child Tamariki Ora visit
- First oral health check (Community Oral Health Services)
- If no appointment sent phone 0800 TALK TEETH

5 YEARS

- START SCHOOL (5 - 6 years)
- Oral health check (Community Oral Health Service)

4 YEARS

- B4 School Check
- Oral health check (Community Dental Service)
- Fifth immunisation (GP)



You have a choice

There are eight Well Child Tamariki Ora providers in the Waikato to choose from once your baby is born. Each provides health services for ongoing **after-birth checks, child health milestones, vision and hearing checks** and a **B4 School Check**. Please take the time now do consider your options and find out more information.



WCTO Providers in Waikato

WCTO Providers in Waikato

Raukura Hauora o Tainui

www.raukura.org.nz

Coverage area: Huntly, Ngaruawahia, Raglan and Hamilton city

K'aute Pasifika Services

www.kautepasifika.org.nz

Coverage area: Hamilton, Te Kuiti

Te Kohao Health

www.tekohaohealth.co.nz

Coverage area: Hamilton city

Plunket

www.plunket.org.nz

Coverage areas: Waikato (extends to Thames, Waihi, Taumaranui and Raglan)

Te Korowai Hauora o Hauraki

www.korowai.co.nz

Coverage area: Thames, Paeroa, Waihi, Hauraki, Te Aroha, Coromandel

Raukawa Charitable Trust

www.raukawa.org.nz

Coverage area: Matamata, Cambridge, Tokoroa, Putaruru, Tirau, Te Awamutu and surrounding areas

South Waikato Pacific Island Community Services

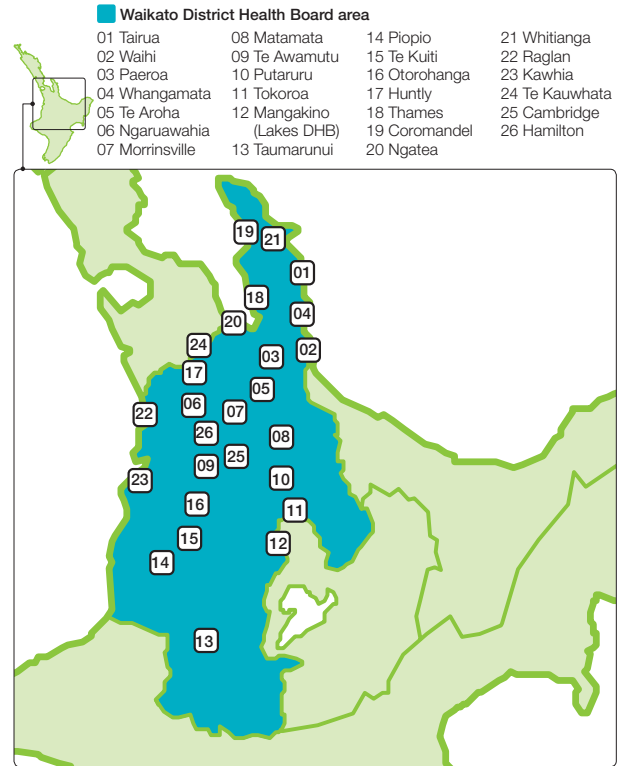
www.swpics.org.nz

Coverage area: Tokoroa

Ngati Maniapoto Marae Pact Trust

www.maniapoto.org.nz

Coverage area: Waipa district (including Kawhia), Te Kuiti, Waitomo, Otorohanga



Other child health services

Community Oral Health Services

Your child will be automatically enrolled with the community Oral Health Service. FREE dental care is available for your child from birth to 18 years.

For more information call 0800 Talk Teeth (0800 825 583) out more information.



National Immunisation Register (NIR)

Your child will be automatically enrolled on this national register which records your immunisations of all New Zealand children for use by health professionals. It also ensures essential vaccines are given at the right time for best protection against a range of serious illnesses.

For more information call 0800 100 273



Child & Youth Coordination Service (CaY-C) & NCHIP

Your child will be automatically enrolled in this service which provides reminders for your GP, Well Child Tamariki Ora provider and any other relevant health professionals of when health checks are due. This information is stored on a system called the National Child Health Information Platform (NCHIP).

For more information call 0800 192 192

