

## **Integrated Recovery Service**

A recovery focused rehabilitation service for people with high and complex mental health needs which:

- believes in your right to self determination
- supports you to achieve your dreams and aspirations
- works in partnership with you, and your whānau to utilise your strengths
- helps you to build a bridge to a life worth living

For more information please call us on **(07) 843 0456** or visit us at:

107 Ohaupo Road or 232 River Road, Hamilton.

[recovery@waikatodhb.health.nz](mailto:recovery@waikatodhb.health.nz)

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