

Residential Coordination Service (RCS)

The Residential Coordination Service provides:

- a support needs assessment service for adults severely affected by mental illness
- co-ordination of entry into and exit from residential recovery services, with regular follow-up in between
- co-ordination of some services under packages of care funding criteria

The RCS team consists of mental health professionals and administration support and can be contacted at:

Residential Co-ordination Service (RCS)
Mental Health and Addictions Service
Private Bag 3200
Hamilton, 3240

Phone: 07 834 6902

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Residential Recovery Services

What is a residential recovery service?

A planned and time-limited residential support service based upon regular support needs assessments.

The service is aimed at promoting well-being and recovery.

Who can access residential services?

Adults severely affected by mental illness, who are assessed as benefiting from such a service.

You must be an existing service user of the mental health services, and meet Ministry of Health guidelines and assessment eligibility requirements.

Who do I contact?

Contact your key worker, who will refer you to the designated mental health professional to complete an initial support needs assessment. This will determine what service best meets your needs at this stage of your recovery.

Where will I live?

There are a range of housing options within Waikato, King Country and Hauraki including Kaupapa Māori services.

What support will I get?

You will be allocated an appropriate support worker from the service when you move in. They will help you develop a recovery plan, which may focus on the following aspects of your life:

- Social
- Family/whānau
- cultural and spiritual
- education
- employment
- life skill development
- recreation and leisure
- health and well-being.

A minimum requirement is that your recovery plan is reviewed with our residential provider every three months.

What does the provider need to tell me?

You should be given information on:

- what the provider expects from you
- how much money you will receive
- how much you will have to contribute to your living costs
- your agreed recovery plan
- guidelines regarding visits from family/whānau and friends.

Your provider can help you with:

- achieving your recovery plan
- improving life skills to manage the day to day living
- Basic budget advice
- links to work or training
- increasing your self confidence
- personal development
- health and fitness goals.

How soon can I move in?

Your move into a residential service will be part of a planned process. The timing of your move may be dependent on availability, and your name will be placed on a waiting list.

Residential recovery services are not a home for life

- You need to be living there for a purpose of receiving the recommended service, and actively participating in your recovery plan.
- If you enter a residential recovery service, you are consenting to 6 monthly reviews of your support needs, which will include discussions with your current service providers.
- The review assessment looks at whether a residential service remains the most appropriate option.

What will happen when I leave?

You will be supported to ensure a safe transition, in accordance with your assessed needs.

When moving into independent living, you may be entitled to a re-establishment grant through Work and Income.