



# News@theLibrary

Hakihea December 2024

## Library Hours

Mon-Fri 8am-5pm

Sat noon-4pm

Library is closed on Sundays and public holidays

## Xmas/New Year Hours

24 December 8am –1pm

Closed from 25 December until 6 January



## Contact the Library

Phone: 07 8398880

Ext: 98880

[library@waikatodhb.health.nz](mailto:library@waikatodhb.health.nz)

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## Te Whatu Ora

Health New Zealand

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## New national Library and Knowledge Service

From 1 January 2025, our new National digital library will be available for all Health New Zealand staff - giving access to point of care tools, databases, ejournals, and ebooks.



National library services will include:

- Online access to databases, journals and ebooks
- Professional advice and support for locating information resources
- Literature searches and assistance with systematic reviews
- Document request and article interloans service

Find out more about the move to a [new National Library service](#).

Search the new [national library portal](#).

Our local library will continue to provide a range of services including lending print books, literature searches, document delivery, tutorials and general support. The library location on the hospital campus, opening hours and librarian team remain unchanged.

For information about our local library, including access to our library catalogue, go to the Library link under Popular Links on the [main intranet page](#).

## Mysterious dancing pink thing in the Library

**No tree or tinsel in the library this year, instead we have this...**

Can you guess what this is? Without legs or arms it still manages to do a little head nodding dance.

It's part of our summer reading display. Puzzled? Find the answer on the next page.



It's a countdown now to Christmas. Please note that the Library will be closed from 25 December 2024 until 6 January 2025.

The Library Team wishes everyone a great holiday break. For those who are working over the break we thank you for your dedication and hope you have a quiet and stress-free time.

## Farewell and Welcome, Change for the Thames Hospital Library

Laurelle Harper has played a key role in the success of the Thames Hospital Library for many years.

Her dedication to creating a welcoming space and ensuring access to resources for hospital staff has made a lasting impact. As Laurelle moves on to new opportunities, we wish her all the best in her future endeavours.

Sarah Harrison will be taking over Laurelle’s responsibilities at the library and is now the primary point of contact for all Thames Library-related matters.



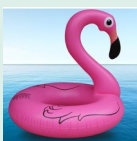
## Drop in JP Services

JP services in the Library will resume on Tuesday, January 7th, 2025.

## What is the Pink Thing?

The answer is a large inflatable pink flamingo pool float.

Part of summer display. our reading



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## Summer reading—top picks.

### Murder mysteries, thrillers, romance, travel, humour, and more ...

There’s nothing better than escaping into a good book, and we have some great books—check out the most popular fiction in 2024:

- The Thursday Morning Club
- The Undiscovered Deaths of Grace McGill
- 12 Months to Live
- Nine Perfect Strangers
- The Sun Sister
- The Dry
- Eleanor Oliphant is Completely Fine
- The Girls with no Names
- P.S. Come to Italy
- The Road Trip
- Without a Trace



**Top Author**  
**Lee Child**

The Secret  
One Shot  
Bad Luck and Trouble  
Better off Dead  
Blue Moon  
Echo Burning  
The Midnight Line

## UpToDate tip, login before you leave

If you have an UpToDate account to access UpToDate offsite—this tip is for you.



[Login to UpToDate](#) on your work computer before you leave to go on holiday. This will ensure you have continuous access to UpToDate offsite while you are not at work.

Regular revalidation by logging in at work ensures that your account remains active.

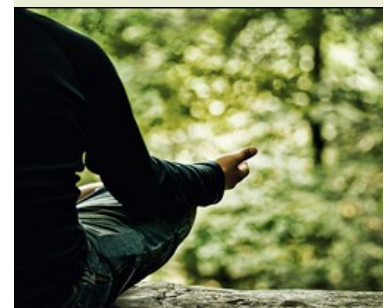
## Getting the most out of your holiday break

A holiday break is a chance to relax and recover from the daily grind of daily work. Is it possible to make the positive effects of a good holiday break last just a bit longer when you return to work?

A study found that practicing meditation during your holiday break will enhance your sense of well being and this feeling will last longer than if you had an ‘ordinary’, meditation-free, holiday break.

[Request the following the article](#)  
“Is a meditation retreat the better vacation? Effect of retreats and vacations on fatigue, emotional well-being, and acting with awareness”

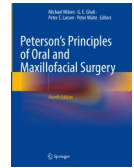
“... inclusion of meditation practice during vacation could help alleviate vacations’ greatest pitfall, namely the rapid decline of its positive effects...”



## New and popular ebooks

### Peterson's Principles of Oral and Maxillofacial Surgery

"... The aim is to provide an all-encompassing, user-friendly source of information that will meet the needs of residents and experienced surgeons in clinical practice and will also serve as an ideal companion during preparation for board certification or recertification examinations..."



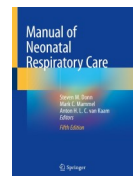
### Handbook of Pediatric Surgery

"... gives a concise overview of all important topics and is designed to provide information to recognise and treat common pediatric surgical conditions: namely, symptoms and signs, investigation, and management. A logical, evidence-based practice is encouraged by the use of flow charts, tables, and algorithms..."



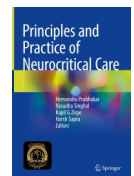
### Manual of Neonatal Respiratory Care

"...Its easy-to-read outline format is simple yet comprehensive and covers all aspects of lung disease in the newborn..."



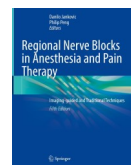
### Principles and Practice of Neurocritical Care

"... It provides a straightforward and systematic approach to various clinical problems encountered during intensive care management of neurologic patients. It includes a separate section on special considerations in neurocritical care..."



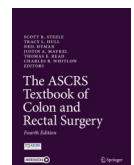
### Regional Nerve Blocks in Anesthesia and Pain Therapy

"... covers a broad range of both regional anesthesia and pain intervention techniques, including neuromodulation. The book is unique in that it covers ultrasound and fluoroscopic-guided techniques, as well as traditional landmark-guided techniques..."



### The ASCRS Textbook of Colon and Rectal Surgery

"... This edition provides all newly written chapters, organized around the "pillars" of colorectal disease: perioperative (including endoscopy); anorectal disease; benign disease (including inflammatory bowel disease); malignancy; pelvic floor disorders; and a "miscellaneous" section that covers aspects both inside and beyond the operating room..."



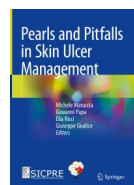
### Tips and Tricks in Plastic Surgery

"... The book consists of five parts, running the gamut of Aesthetic Surgery, Reconstructive Procedures, Pediatric and Craniomaxillofacial Surgery, Adjunctive Procedures, and finally Hand and Upper Extremity..."



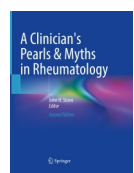
### Pearls and Pitfalls in Skin Ulcer Management

"... truly interdisciplinary and richly illustrated volume spans over many disciplines, and will be highly valued by all specialists that face ulcer wound care in their clinical experience, from plastic and vascular surgeons to other wound specialists and related health professionals, as physiotherapists and nurses "



### A Clinician's Pearls & Myths in Rheumatology

"... ritical resource for both practitioners and students of rheumatology. This book provides a clear guide for those wishing to take a "deep dive" into the diagnostic and therapeutic elements of rheumatology..."



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