

What is spiritual care?

Spiritual care is about supporting you through life's challenges to find your own meaning, purpose, and hope. It involves listening and responding compassionately to the needs of the human spirit when faced with questions, concerns, disability, loss, grief, pain, trauma and sadness.

Te Whare Tapa Whā

At MidCentral all four dimensions of hauora (health) are of equal importance i.e. physical, emotional/mental, social and spiritual wellbeing. Each is intertwined with the other.

The pastoral/spiritual care team supports the whole person, with a special focus on spiritual wellbeing and care.

Contact

*We work 8am-5pm Monday to Friday.
Ask a staff member to refer you.*

Phone 06 350 8690 (Extn 8690)
chaplains@midcentraldhb.govt.nz

Please feel free to use the chapel,
next door to the Garden of Tranquility.
Open 24/7 for quiet times

All are welcome
Nau mai, haere mai koutou katoa

Your feedback is valued.
Use the *Tell us What you Think* form
or email
feedback@midcentraldhb.govt.nz

Te Whatu Ora
Health New Zealand
Te Pae Hauora o Ruahine o Taranaki
MidCentral

TE ROHE
PŪMŌA O TE
PAPATŌEA



ICHC
Delivering Healthcare Chaplaincy
Te Kaunihera Whakawhanunga o nga Minita Hōhipera, Hauora

DIOCESE OF
PALMERSTON
NORTH

Need to talk?



The Spiritual Care Team can help

Your story matters

Coping with illness or life limiting conditions brings up difficult questions. This process can make you, your family or whānau think about what matters most.

Being able to talk things through can be helpful and feel as though a load has been lifted off your shoulders.

Our Spiritual Care team are trained to actively listen to life stories, especially the ones that emerge when people are going through tough times.

They know how to keep things private and sign the same confidentiality agreements as other staff.

We're here to listen



Brigitte, Hannah, Kathleen, Nicolle, Sande

Spiritual Care/Chaplains @ MidCentral
Phone (350)8690 or ask staff